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KUNAL S. KAMBOJ, DO, QME
PHYSICAL MEDICINE AND REHABILITATION SPECIALIST (PHYSIATRY)

BIOGRAPHY

Dr. Kamboj is a Board Certified Physical Medicine and Rehabilitation Specialist (Physiatrist). He earned his undergraduate degree in Biomedical Engineering at the University of California, Irvine and obtained his medical degree at Western University of Health Sciences, Pomona. Upon completion of his medical education Dr. Kamboj joined Kaweah Delta Health Care District, Visalia as an intern and went on to complete a three year residency in Physical Medicine and Rehabilitation at the University of California, Los Angeles (UCLA)/West LA VA . He completed an additional year of specialized training in Neuromuscular Medicine at the University of California, Davis. During his internship, residency and fellowship he received additional training at Cedars-Sinai Medical Center, California Rehabilitation Institute (CRI), West Los Angeles Veterans Affairs, Long Beach Veterans Affairs Spinal Cord Injury Center, Rancho Los Amigos National Rehabilitation Center, Children's Hospital Los Angeles, Shriner's Hospital for Children – Northern California, Kaiser Permanente Northern California, and Mercy Medical – Dignity Health. He is board certified in Physical Medicine and Rehabilitation, and board eligible in Neuromuscular Medicine and Electrodiagnostic Medicine.

Dr. Kamboj is currently working as a consultant physiatrist with Integrated Rehabilitation Consultants (IRC), providing services to skilled nursing facilities in the Central Valley. Dr. Kamboj is also a medical staff member at Kaweah Health Medical Center where he acts as consulting physician for acute care patients in need of physical medicine and rehabilitation care.

Scope of Practice for Physiatrists:

Using skills developed in ACGME-accredited training programs, PM&R specialists routinely perform inpatient and outpatient musculoskeletal and neuromuscular diagnoses and treatments that emphasize function and rehabilitation. Physical medicine and rehabilitation specialists treat patients of all ages afflicted with painful and function-limiting musculoskeletal disorders of the spine, peripheral joints, and soft tissues such as sprains/strains, disc herniations, rheumatologic conditions and athletic injuries. PM&R specialists also diagnose and treat degenerative, developmental, acquired, and traumatic neuromuscular conditions of the upper and lower limbs, spinal cord, and brain. It is this unique blend of orthopedic, neuromuscular, pain, and rehabilitation training and experience that makes the PM&R specialist an ideal primary or secondary care physician for patients with occupational or sports-related musculoskeletal or neuromuscular injuries. This multidisciplinary training also makes the PM&R physician the most qualified specialist to lead the team of medical specialists and rehabilitation therapists involved in a patient's rehabilitative care.

Physical medicine and rehabilitation specialists are specially trained to prescribe therapeutic exercise and other rehabilitation modalities. They are expert in the performance and interpretation of electrodiagnostic studies including electromyography, nerve conduction studies, and evoked potentials. PM&R specialists use routine laboratory and radiographic studies, but they are also trained in the interpretation of more sophisticated diagnostic studies that evaluate a patient's musculoskeletal and neuromuscular systems such as CT, myelography, bone scan, and MRI.

All physical medicine and rehabilitation physicians are trained to perform injection techniques such as peripheral nerve blockade, trigger point injections, joint injections, and the injection of neurolytic agents and botulinum toxin. With specific training, many PM&R specialists routinely perform fluoroscopically directed spinal and large joint procedures such as interlaminar and transforaminal epidural injections, zygapophysial joint injections, radiofrequency denervation, sacroiliac joint intra-articular injections, sympathetic blockade, discography, and other advanced interventional pain management techniques.

The American Academy of Physical Medicine and Rehabilitation asserts that all physical medicine and rehabilitation specialists who have completed a physical medicine and rehabilitation residency have adequate training to practice in the following areas:

- Inpatient, subacute outpatient musculoskeletal and neuromuscular diagnosis and rehabilitation;
- Electrodiagnostic medicine;
- Medical and rehabilitative pain management;
- Injury prevention and wellness;
- Non-surgical spine medicine; and
- Sports medicine including athletes with disabilities.
- Interventional diagnostic and therapeutic spinal procedures; and
- Interventional pain management.

In summary, physical medicine and rehabilitation is a diverse specialty allowing its members to seek and pursue special interests such as pain medicine, spine medicine, and sports medicine. Many PM&R specialists are integrally involved in university and private practice based spine centers, pain centers, and care of athletes from all levels of participation.

WORK EXPERIENCE

August 2020 – Current

Integrated Rehabilitation Consultants

- Consultant Physiatrist
 - Providing physical medicine and rehabilitation services to skilled nursing facilities
Tulare, Kings and Fresno counties

February 2021 – Current

Kaweah Health Medical Center

- Consultant Physiatrist
 - Providing physical medicine and rehabilitation services to acute care patients at regional Level III Trauma Center

EDUCATION

August 2011 – May 2015

Western University of Health Sciences/College of Osteopathic Medicine of the Pacific

- Doctor of Osteopathic Medicine

August 2005 – June 2009

University of California, Irvine

- Bachelor of Sciences, Biomedical Engineering:Pre-Med

POST GRADUATE TRAINING

July 2019 – July 2020

University of California, Davis Health System

- Fellow, Neuromuscular Medicine

July 2016 – June 2019

VA Greater Los Angeles Health System/UCLA Physical Medicine and Rehabilitation Residency Program

- Resident Physician

June 2015 – June 2016

Kaweah Delta Healthcare District, Visalia, CA

- Transitional Year Resident Physician - ACGME

RESIDENCY ACTIVITIES

Research project Battlefield Acupuncture after Total Knee Arthroplasty

Participation in Community Outreach Committee, Resident Wellness Committee, Alumni Outreach Committee

Team physician: Verbum Dei High School Varsity Football team 2016, 2017 seasons

Member of Root cause analysis at GLA VA, 2016, 2019

PUBLICATIONS

Hipskind, J. E., MD, & Kamboj, K. S., DO. (2016). Non-narcotic Management of Acute and Chronic Pain. *Critical Decisions in Emergency Medicine*,30(10), 15-23.

POSTER PRESENTATIONS

Battlefield Acupuncture Following Total Knee Arthroplasty. Rebecca Ovsowitz, MD, Lynn Chang, DO, **Kunal Kamboj, DO**, Johnel Mayberry, MD, Mojgan Saber, MD, Kim Vu, MD, Milena Zirovich, MD. Presented at the 24th Annual PM&R UCLA Research Day. August 29, 2017.

Rehabilitation of a Patient with Atorvastatin-Induced Necrotizing Myopathy. Lynn Chang, DO, Ryan E. Alano, MPH, **Kunal Kamboj, DO**, Johnel Mayberry, MD, Nasheed Jamal, MD. California Society of Physical Medicine & Rehabilitation Annual Meeting Poster Presentation Session. April 28, 2018.

OTHER EXPERIENCES

December 2007 – June 2009
University of California, Irvine – Brain Imaging Center

Student Researcher

Projects in fields of Dopamine D2R imaging and MicroPET applications

Please feel free to contact Dr. Kamboj at kunalskambojDO@gmail.com.