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**LYNN E. CHANG, DO, QME**  
PHYSIATRIST, REHAB MEDICINE & PAIN MANAGEMENT

**EDUCATION**

- UCLA and Santa Monica College - Los Angeles, CA
- Pre-Medical Studies - 2005-2009
- The University of Warwick, England - Warwick, England
- Masters of Organization Studies - 2002-2003
- Bachelor of Arts, Joint Degree in German and Business Studies, 1996-2000 Universität Bamberg, Germany - Bamberg, Germany
- Bachelor of Arts, Business Studies International Exchange Program, 1998-1999

**POST GRADUATE TRAINING**

- UCLA/WLA VA - Los Angeles, CA - Pain Medicine Fellowship - 2019-2020
- UCLA/WLA - Los Angeles, CA - PM&RS Residency - 2016-2019
- UCSF Fresno - Fresno, CA - Preliminary Medicine - 2015-2016
- Western University of Health Sciences - Pomona, CA
- Doctor of Osteopathy - 2010-2015 - Highest Honors

**WORK EXPERIENCE**

Scrub Technician, Medical Assistant and Administrator: Santa Monica, USA, 2005-2010

- Assisted in orthopedic and oculoplastic surgeries, reviewed patient charts, took medical histories, and managed health insurance and billing.

District Manager Greenvale Northwest Limited: Liverpool, England, 2003-2004

- Developed marketing strategies and created a new customer base in the wholesale department, which contributed to a 100% increase in sales.

Daqing Vocation College: Daqing, China, 2001-2002

- Developed and taught a curriculum for English as a second language for students and teachers at varying levels of English competencies.

WORK  
EXPERIENCE  
(Continued)

University of Technology: Sydney, Australia, 2000-2001

- Recruited, trained and supervised staff for various office projects. Created marketing material and organized all department social events including the annual Alumni Reunion.

Chamber of Commerce: Bamberg, Germany, 1999-2000

- Translated official documents from German to English for the Chamber of Commerce website, coordinated seminars for job seekers whilst forecasting and planning their long-term training requirements.

EXTRA  
CURRICULAR  
ACTIVITIES

Member of the Program Enhancement Committee for UCLA/VA PM&R Residency, 2018-2019

- Review our residency program's educational activities, program characteristics, outcome measures for success, and scholarly endeavors and help implement improvements when necessary

Collaborator on UCLA medical student teaching module, 2017-2019

- Design and execute a Problem Based Learning module for UCLA Geffen school of medicine musculoskeletal course

Teaching Assistant to UCLA medical studentS, 2017-2019

- Train small groups of UCLA medical students in developing their musculoskeletal physical exam skills

Regional Representative and mentor for AOCPMR, 2017-2019

- Collaborate with the National Council to plan regional educational events
- Mentor medical students interested in the field of PM&R

Chair of Alumni Committee: UCLA/VA PM&R Residency, 2016-2019

- Organize and coordinate Alumni events and newsletter

'Team to Win' Physician: Los Angeles, 2016-2019

- Sideline physician for local high school football team

President, Student American Academy of Osteopathy, Western University of Health Sciences, 2011-2012

- Organized membership drives, fundraising, convocation funding and workshops. Worked with the Public Health Club to bring OMT to the local community. Set agenda and ran bimonthly meetings with other cabinet members to ensure the smooth running of the club.

Curriculum Representative, Student Government Association, 2011-2012

- Organized student focus groups to help improve the medical curriculum and presented this information to faculty and administration at monthly Curriculum Committee meetings.

Teacher's Assistant and Tutor in Osteopathic Manipulative Medicine, 2011-2012

- Table trained first year medical students in Osteopathic Manipulative Medicine.

## HONORS AND AWARDS

- Pre-doctoral Teaching Fellow, NMM/OMM Department, 2012-2015
- Acting as a table trainer for both first and second year students in the Osteopathic Principles
  - and Practice Course, preparing and delivering lectures, conducting problem based learning sessions, writing test questions, grading practical exams and acting as a community ambassador for Western University, COMP-SoCal.
- Louise Kramer Memorial Scholarship Award, 2012
- Award is based on humanistic and holistic principles inherent in the practice of osteopathic medicine, good academic standing and service to the community.
- East West Scholarship, 2012
- Award is based on academic excellence and commitment to the community.
- Sigma Sigma Phi member, 2010-Present
- Membership is based on academic standing and commitment to the community.
- Who's Who in America's Colleges and Universities, 2012 and 2015  
Dean's List at Western University of Health Sciences, 2012-2012

## PUBLICATIONS

- Verduzco-Gutierrez, M...Chang, L.: Outpatient Rehabilitation Models of Care for Post-Acute Sequelae of SARS-CoV-2. Submitted.
- Alano, R., Chang, L. Telemedicine and its Impact on Therapy Referrals. AAPMR. 2021
- Schultz, D., Chang, L. A. Difference in Frequency of Type of Imaging for Tele-medicine versus in-person Visits for Lower Back Pain Consults. AAPMR. 2021
- Muller, R., Chang, L.. Telerehabilitation. Book Chapter. 2021.
- Pangarkar, S., Chang, L. Treatment of Pain in the Homeless Adult population. Book Chapter. 2021.
- Chang, L., Cheema, S. Auricular acupuncture in the ICU. A feasibility Study. IASP. Primary Author. 2021.
- Augmentative Treatment of Digital Ulcers with Botox. Accepted abstract AAPM for 2019. Primary Author
- Benefits of Real-Time Verbal Communication when Prescribed Therapies are not Performed. Accepted abstract AAPM&R for 2018. Primary Author.
- Auricular Acupuncture using Battlefield Acupuncture Protocol following Total Knee Arthroplasty. Poster Presentation 26<sup>th</sup> Annual PM&R UCLA Research Day. 2018
- Resolution of Chronic Shoulder Pain and Multidirectional Instability with Dextrose Prolotherapy. Poster Presentation California Society PM&R 2018. Primary Author.
- Statin Induced Autoimmune Necrotizing Myopathy; A Rehabilitation Approach to Recovery. Poster Presentation California Society PM&R 2018. Primary Author.

**PUBLICATIONS  
(Continued)**

- Biomechanical Approach to Preventing Progression of Insertional Achilles Tendinopathy. Poster Presentation California Society PM&R 2018.
- Lee AS, Chang L, Feng E, Helf, S. Reliability and Validity of Conversion Formulas Between
- Comprehensive Osteopathic Medical Licensing Examination of the United States Level 1
- and United States Medical Licensing Examination Step 1. Journal of Graduate Medical Education.
- 2014, Jun; 2014 Jun(6(2)): 280-283.
- Boxrud, C., Rose, J.G. Jr. Chang, L.: Closed meloplication percutaneous cable suture technique.
- Facial Plast Surg Clin North Am. 2007 May; 15(2): 191-9.

**PROFESSIONAL  
MEMBERSHIPS**

AAPMR, AOCPMR, AMA, AOA, AAPM, SIS, NASS, NANS, IASP

**PERSONAL  
ACHIEVEMENTS**

Semi-professional soccer player 1999-2000, nationally ranked table tennis player, fluent in German.

